

Post Professional Diploma Program

## Post Traumatic Stress Disorder Course

This interprofessional course exposes students to selected topics in Post Traumatic Stress Disorder. The participant will:

- Acquire knowledge and skills that will prepare them to train in an applied setting in the delivery of Prolonged Exposure for PTSD.
- Describe the cognitive behavioural formulation of the etiology and maintenance of PTSD.
- Describe and use various assessment tools in the differential diagnosis of PTSD.
- Develop (through role play and other forms of practice), a 12-session treatment protocol based on Prolonged Exposure for single-incident traumas.
- Develop an initial understanding of the differences between single-incident and complex traumas.

- Jan 24—April 17
- Tuesdays 3:30-6:30

12 Weeks,  
Credit Course in the CBS  
Diploma Program

Registration Required

**SJHH- Charlton Site,  
Fontbonne  
Room F328**

### INSTRUCTORS

**Susan Chudzik-Sipos, MSc.,  
C.Psych.Assoc.**  
Chair, Cognitive Behavioural  
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Clinical Behavioural Sci-  
ences Program

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C.Psych., Assistant Profes-  
sor (PT)**

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FRCPC, Assistant Professor**

**Joel LeMoult, M.A., Psychol-  
ogy Fellow**

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**Margaret McKinnon  
PhD, CPsych,  
Psychologist, Mood  
Disorders Program,  
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C. Psych, Assistant  
Professor**

**Wanda Smith, PhD.,  
C.Psych, Assistant  
Clinical Professor**

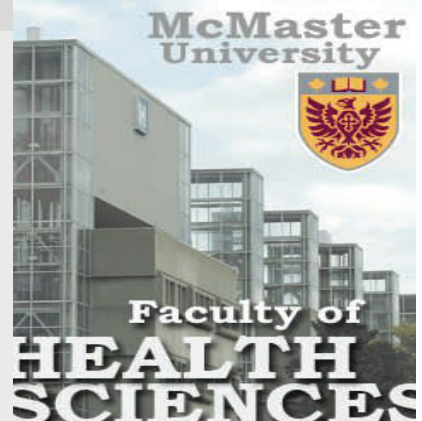
**For Experienced  
clinical therapists,  
who have completed  
CBT Level I, II, or  
who have equivalent  
experience.**

### Student Testimonials

“Loved the experi-  
enced, professional  
speakers”

“Excellent course,  
sign me up for Level  
II”

“Enjoyed the input from other  
participants”



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