



3rd ANNUAL

CARE OF THE ELDERLY

Perspectives for Primary Care

Wednesday, June 6th, 2012

Hamilton Convention Centre

1 Summers Lane, Hamilton, ON

Department of
Family Medicine

Care of the Elderly Program

TARGET AUDIENCE

- Family Physicians
- Primary Care Nurses
- Social Workers
- Pharmacists
- Other Health Professionals
- Students
- Residents
- Geriatricians

OBJECTIVES

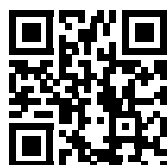
In this 3rd Annual CME event, program participants will acquire evidence-based approaches to important topics in caring for elderly patients in a primary care setting such as management of Urinary Incontinence, Insomnia in the Elderly and Essentials of Wound Care. A new provincial Behavioural Supports program will be presented which is designed to make caring for demented elderly in the home a more manageable task for primary care providers. Issues of Polypharmacy and appropriate use of Anti-Psychotic medication in the elderly will also be discussed by leading experts in our region. The day will open and close with provocative talks from nationally renowned speakers who will challenge participants to consider the manner in which we deliver best care to our complex, elderly patients.

TO REGISTER VISIT: www.fhs.mcmaster.ca/conted



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For More Information:

ANGELA SILLA Event Coordinator

Continuing Health Sciences Education
McMaster University, MDCL 3510
1280 Main Street West, Hamilton, ON L8S 4K1

P: 905-525-9140 ext. 26327 | F: 905-572-7099

E: silla@mcmaster.ca



Agenda

Wednesday June 6th, 2012

08:00 – 09:00 **Continental Breakfast & Registration**

09:00 – 10:00 Keynote Address: **Dr. Brian Goldman**
“Wake Me Up for the Tsunami: A Media Doctor’s Take on Meeting the Challenges of Caring for Seniors”

10:00 – 10:15 **Morning Break & Visit Exhibitors**

10:15 – 11:00 Breakout Sessions A1, A2, A3 (choose one)

- A1 “Anti-Psychotic Medications in the Elderly”
- A2 “Incontinence – Top 5 Contributing Factors and Management Strategies”
- A3 “Insomnia in the Elderly”

Dr. Sunny Luthra
Dr. Jennifer Skelly

Dr. Brian Misiaszek

11:00 – 11:45 Breakout Sessions B1, B2, B3 (choose one)

- B1 “Anti-Psychotic Medications in the Elderly”
- B2 “Incontinence – Top 5 Contributing Factors and Management Strategies”
- B3 “Insomnia in the Elderly”

Dr. Sunny Luthra
Dr. Jennifer Skelly

Dr. Brian Misiaszek

11:45 – 01:00 **Lunch & Visit Exhibitors**

01:00 – 01:45 Breakout Sessions C1, C2, C3 (choose one)

- C1 “Essentials of Wound Care
- C2 “Can I Stop This Drug?”
- C3 “Behavioural Supports Ontario (BSO): What’s New for You to Work with Clients with Responsive Behaviours

Dr. Norman Flett
Dr. Chris Patterson
Dr. Jennifer Everson
and Laurie Fox

01:45 – 02:30 Breakout Sessions D1, D2, D3 (choose one)

- D1 “Essentials of Wound Care”
- D2 “Can I Stop This Drug?”
- D3 “Behavioural Supports Ontario (BSO): What’s New for You to Work with Clients with Responsive Behaviours

Dr. Norman Flett
Dr. Chris Patterson
Dr. Jennifer Everson
and Laurie Fox

02:30 – 02:45 **Afternoon Break & Visit Exhibitors**

02:45 – 03:30 Closing Plenary:
“Approaches to Care: Working in the Evidence-Free Zone”

Dr. Sharon Marr

03:30 – 03:45 **Closing Remarks & Program Evaluation**

Study Credits

As an organization accredited to sponsor Continuing Medical Education for Physicians, by both the Committee on Accreditation of Canadian Medical Schools and the Accreditation Council for Continuing Medical Education of the United States, Continuing Health Sciences Education, McMaster University designates this educational program as meeting the criteria for:

The College of Family Physicians of Canada Mainpro-M1

This educational program meets the accreditation criteria of The College of Family Physicians of Canada, and has been accredited for **5.25** Mainpro-M1 credits.

The Royal College of Physicians and Surgeons of Canada

This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada for a maximum of **5.25** credits per participant.

Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Disclosure of Potential Conflicts of Interest

In keeping with accreditation guidelines, McMaster University; Continuing Health Sciences Education requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure may be done verbally or using a slide prior to the speaker’s presentation.

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Planning Committee

Doug Oliver, MSc, MD, CCFP

Planning Committee Chair
Family Physician
Assistant Professor
Department of Family Medicine
McMaster University

Kanwal Shankardass, MD

Family Physician
Associate Clinical Professor
Department of Family Medicine
McMaster University

David Chan, MD, CCFP

Family Physician
Associate Professor
Department of Family Medicine
McMaster University

Anna Emili, MD, CCFP

Family Physician
Assistant Clinical Professor
Department of Family Medicine
McMaster University

Fred Fraser, MD, FCFP

Family Physician
Assistant Clinical Professor
Department of Family Medicine
McMaster University

David Jewell, M.S.W., MHSc

Director, Regional Geriatric Program
and Juravinski Research Centre

Ainsley Moore, MSc., MD, CCFP

Family Physician
Assistant Professor
Department of Family Medicine
McMaster University

Myles Sergeant, MD, CCFP

Family Physician
Assistant Clinical Professor
Department of Family Medicine
McMaster University

Mike West, MD, CCFP

Family Physician
Assistant Clinical Professor
Department of Family Medicine
McMaster University

Joy White, NP, MScN (Candidate)

Department of Family Medicine
McMaster University

Sheilah Laffan

Administrator, CHSE
McMaster University

Speakers

Dr. Brian Goldman

Emergency Physician & Medical Journalist
Host of CBC Show, "White Coat, Black Art"

Sunny Luthra, MD

Assistant Clinical Professor
Department of Psychiatry and Behavioural
Neurosciences
McMaster University

Jennifer Skelly, RN, PhD

Director, Continence Programs
St Joseph's Healthcare Hamilton
Associate Professor, School of Nursing
McMaster University

Brian Misiaszek, MD, FRCPC

Chief of Service Geriatric Medicine
Hamilton Health Sciences
Associate Professor, Department of Medicine
McMaster University

Norman Flett, MD, IiwCC, FCFP, HCD

Family Physician
Assistant Clinical Professor
Department of Family Medicine
McMaster University

Chris Patterson, MD, FRCPC, FACP, FRCP (Glasg.)

Professor, Division of Geriatric
Medicine, Department of Medicine
McMaster University, Hamilton Health Sciences

Jennifer Everson, BScN, MD, CCFP, FCFP

Physician Lead, Clinical Health System Transformation
Hamilton Niagara Haldimand Brant Local Health
Integration Network (HNHB LHIN)
LHIN Liaison, McMaster University, Faculty of Health
Sciences

Laurie Fox, BA, BSW, MSW, LLM(ADR)

Implementation Project Lead
Behavioural Supports Ontario (BSO)
Hamilton Niagara Haldimand Brant Local Health
Integration Network (HNHB LHIN)

Sharon Marr, BSc, MD, FRCPC, MEd

Division Director, Division of Geriatric Medicine
Associate Professor, Division of Geriatric Medicine
Department of Medicine, McMaster University
Clerkship Coordinator for Internal Medicine
Chair of Regional Geriatric Program central

Directions

FROM TORONTO

- Take Hwy 407 West or the QEW West to Hwy 403 Hamilton.
- Exit at Main St East exit and follow past Bay St to Summers Lane.
- The Convention Centre is on Summers Lane.
- **See map for parking locations.**

FROM NIAGARA FALLS, FORT ERIE

- Take QEW West to Hamilton and exit at Burlington St.
- Turn left at Wellington St. North and right at King St. East.
- The Convention Centre is on Summers Lane.
- **See map for parking locations.**

FROM LONDON, WINDSOR

- Take the 401 East to the 403 East Hamilton.
- Proceed to Main St. East exit in Hamilton and follow it past Bay St. to Summers Lane.
- The Convention Centre is on Summers Lane.
- **See map for parking locations.**



Parking Locations

1. Hamilton Convention Centre
 2. Hamilton Place
 3. City Hall
 4. Sheraton Hotel
 5. Copps Coliseum
 6. Library
 7. Eaton Centre
 8. Jackson Square
- P** Parking
→ One Way Streets