Leadership 101: Leading Self and Others

Leadership is first about leading self before leading others.

This workshop will focus on exploring concepts of leadership, reflecting on one’s values, strengths and purpose as a basis for leadership, and analyzing components that are needed for effectively leading others.

At the end of this workshop, participants will be able to:

- Conceptualise what leadership means in their professional and personal lives
- Identify components of effective leadership
- Apply concepts to commit to one small leadership change

Participants will be challenged to identify and commit to “one small change” in their leadership development.

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