Tracking of physical activity and fitness in children with a chronic inflammatory condition: a research proposal

Presenter: Roxy Chen MSc Student, Medical Sciences
Supervisor: Dr. Brian Timmons, Pediatrics

Children growing up with a chronic inflammatory condition commonly present with low physical activity (PA) and fitness compared to healthy controls. This is concerning as PA and fitness are both well-established as independent predictors of health. However, the extent to which these low levels of PA and fitness are actually maintained, or altered with disease activity over time, has yet to be examined. The purpose of this study is to examine the tracking of PA and fitness over 1 year in children with a chronic inflammatory condition compared to their health peers.

All faculty, research staff, allied health staff, and trainees are welcome to attend.
*These are interactive sessions - we want to hear your feedback, questions and great ideas!*