

McMASTER PSYCHIATRY PROFESSOR WINS INAUGURAL AWARD

OTTAWA – The Canadian Association of Internes and Residents (CAIR) is pleased to announce that McMaster University’s Dr. Karen Saperson is the recipient of the inaugural *Lois Ross Award for Service to Residents*, honouring those who have made outstanding contributions to the Advancement of Resident Life in Canada.

“Dr. Saperson’s commitment to ensuring high quality experiences for residents has had an impact from McMaster to across the country” said CAIR President Dr. Roona Sinha. “CAIR is honoured to recognize her achievements with this award.”

Dr. Saperson joined the Department of Psychiatry and Behavioural Neurosciences at McMaster University in 1996. Dr. Saperson has contributed to the McMaster Postgraduate Psychiatry Program in a number of roles, including clinical supervisor, seminar presenter, postgraduate education committee member and most recently as a highly successful Postgraduate Program Director from 2003-2009. She is an Associate Professor in the Department of Psychiatry and Behavioural Neurosciences, and was appointed as Chair of the Royal College of Physicians and Surgeons’ Examination Board in Psychiatry in May 2009.

Some of Dr. Saperson’s accomplishments include the creation of a Mock Oral Day to help residents prepare for their Royal College exams, and the development and implementation of the first OSCE evaluation of residents in Canada.

Dr. Saperson will be presented with her award at a special ceremony on October 17, 2009, at the Rideau Club in Ottawa, as part of the CAIR Board of Directors’ Fall Meeting.

For many years Lois Ross served as Executive Director of CAIR and the Professional Association of Internes and Residents of Ontario, where she worked diligently to advance resident life in Canada. In recognition of her countless contributions to resident well-being and residents in Canada, the board has created this award in her honour.

The Canadian Association of Internes and Residents (CAIR) is the national representative body of over 7,500 Resident Physicians in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, the Maritime Provinces, and Newfoundland and Labrador.