



# Medical Imaging Bulletin

ISSUE 31

JANUARY 2012

## DATES OF INTEREST

- Jan 2nd, 2012 - NY's Day Hospital Stat
- Jan 10th & 11th - Visiting Professor, Dr. Carol Benson
- Jan 16th - 4th Annual Academic Get-Together
- Feb 2nd & 3rd - CaRMS - MUMC

## INSIDE THIS ISSUE

Educational News	2
Rounds Calendar	3
Resident's Corner	4
4th Annual Academic Get-Together	5
Ontario Breast Screening Program	6
Dr. Michael Patlas	6
Farewell to MUMC Staff	7
The Back Page	8

Dear All,

I hope you had a very enjoyable holiday season and that you are ready to start the New Year relaxed and recharged.

We want to make the best of this New Year, and keep thriving for excellence as we always do. I invite you to submit your success stories and testimonials to the newsletter; this is your newsletter and we all want to benefit from your experiences.

What are the plans for this coming year? I mentioned already Best Care for All, the initiative that the Hospital is following according to Bill 46, the Excellent Care for All Act, passed in June 2010. The goal is to create a high-quality, integrated healthcare system where the needs of the patient come first. So, what does it mean? It means improving quality of care and using resources more efficiently in promoting evidence-based medicine. The legislation requires:

- Quality committees, reporting to the hospital board.
- Annual quality improvement plans
- Surveys to assess quality of services
- Critical incident reporting.

This makes sense, considering that up to 10% of patients die from complications acquired in hospital, including an unfortunate number of mistakes. We could certainly decrease the number of incidents and costs with a more rigorous quality of care system. This is the aim of Bill 46. A number of the recommended initiatives have already been implemented at HHS, and this year we'll certainly continue to hear about quality of care at all levels.

No need to tell you about the budgetary constraints. This won't get any better. The province needs to absorb its deficit by 2017-18, which means more cuts on healthcare and education.

An aging population means optimization of our resources and better utilization. We will keep working at decreasing wait times and upgrading our equipment as part of our efforts to provide the best quality of care for all.

On the clinical side, we will continue moving towards subspecialties. Sub-specialization will position our radiologists as the ultimate experts for the LHIN and provide a wider strategy aiming at creating knowledge-based centres of excellence.

Overall, a slow but irreversible paradigm shift in the way we approach our job with very exciting challenges ahead.

I wish you and your family all the best.

*Dr. David Koff  
Chief of Diagnostic Imaging, HHS Chair,  
Dept. of Radiology, FHS*



# EDUCATIONAL NEWS

## VISITING PROFESSOR SERIES



**Dr. Carol Benson**  
Professor of Radiology  
Harvard Medical School  
Brigham and Women's Hospital  
Boston, MA.

- “Mistakes to Avoid in Second and Third Trimester Obstetrical Ultrasound” (Overlaps Second and Third Trimester Emergency Ultrasound & Placenta, Umbilical Cord, and Membranes)  
**Tuesday, January 10th, 2012 - 6:00 pm., - MDCL, Room 2232 – McMaster University**
- “Ovarian Masses: Role of Ultrasound” - includes malignancies  
**Wednesday, January 11th, 2012 - 7:30 am., - MUMC, HHS, Diagnostic Imaging, Room 2S27**
- “The Fetal Thorax and Heart”  
**Wednesday, January 11th, 2012 - 12:00 pm., MUMC, HHS Diagnostic Imaging Room 2S27**

## Upcoming Visiting Professors

- |                            |                          |             |
|----------------------------|--------------------------|-------------|
| • February 7th & 8th, 2012 | - Dr. Kartik S. Jhaveri  | - MRI/Liver |
| • March 6th & 7th, 2012    | - Dr. Michael P. Federle | - Abdominal |
| • April 3rd & 4th, 2012    | - Dr. Robin Wilson       | - Mammo     |
| • May 1st & 2nd, 2012      | - Dr. Mini Pathria       | - MSK       |
- (W Peter Cockshott Lecture)*

## IMPORTANT DATES

- Monday January 2nd, 2012 — New Year's Day—Stat Holiday
- ACR and DXIT Exams: January 9th - January 17th, 2012
- Monday January 16th, 2012 - 4th Annual Academic Get-Together
- CaRMS - February 2nd - February 3rd, 2012

## ROUNDS CALENDAR

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Juravinski Hospital and Cancer Centre</b>	<p>0800 Resident Rounds (<i>all rounds in DI Conference room</i>)</p> <p>1200 Radiology / Pathology, Breast Rounds (Room 106 E Wing)</p>	<p>0800 MSK Rounds</p> <p>1200 Resident Rounds</p>	<p>0800 Resident Rounds</p> <p>0800 Multidisciplinary Breast Rounds</p>	<p>0730 Hepatobiliary Rounds</p> <p>1200 Resident Rounds</p> <p>1310 Sarcoma Rounds (3<sup>rd</sup> fl conference room)</p>	<p>1200 Interesting Case Rounds</p>
<b>Hamilton General</b>	<p>0700 - 0900 Cardiac Cath Rounds (3 Lower North Room 323)</p> <p>1200 Radiology Teaching Rounds</p>	<p>0700 - 0800 Spine Rounds</p> <p>0800 - 0900 Regional Cardiology Rounds (McMaster Auditorium, McMaster Wing)</p> <p>1200 (Every Tuesday Acute Stroke Rounds (Theatre Auditorium, McMaster Clinic, Lower Level)</p> <p>1300 Radiology Teaching Rounds</p> <p>1600 - 1700 Trauma Rds (Theatre Auditorium)</p> <p>M&amp;M Rounds 1<sup>st</sup> Tues. of mo.</p>	<p>0730 Cardiac Surgery Rounds (3LN Room 323)</p> <p>0730 Vascular Rounds (5N Teaching Room)</p> <p>0800 Vascular Rnds, Every 2<sup>nd</sup> Wed., D.I. Classroom</p> <p>1200 - 1300 Radiology Staff Rounds (DI Classroom every 2<sup>nd</sup> Wednesday)</p>	<p>0730 Cardiac Surgery Rounds (3 Lower North Room 323)</p> <p>1200 Radiology Teaching Rounds</p> <p>1200 Dr. Silva's Neurology Teaching Series, (7 South Room 10)</p>	<p>0700 Neurosurgical Teaching Rounds, (Neuroambulatory Centre)</p> <p>0800 Neuroscience Rounds (Theatre Auditorium, McMaster Clinic, Main Floor)</p> <p>1200 Radiology Teaching Rounds (Interesting Cases)</p>
<b>MUMC</b>	<p>0800 Resident Rounds</p> <p>0800 Tumor Brd Rnds (3F)</p> <p>1200-1300 Ultrasound Rounds &amp; Fetal MR Room 2S27</p>	<p>0800 Resident Rounds</p> <p>1330 Neuroradiology rounds</p> <p>1430 NICU/Ped</p>	<p>0800 Resident Rounds</p>	<p>0800 Resident Rounds</p> <p>0800 Surg/Rad/Path (SRP) Rounds - 4<sup>th</sup> Thurs. of ea. mo. Room 2S27</p>	<p>0800 Resident Rounds</p> <p>1200 GI rounds - Dr. Singh Rm 2S27</p>
<b>St. Joseph's Healthcare</b>	<p>1200 - 1300 Resident Hot Seat Rounds (Radiology Residents &amp; Elective Students) - Radiologists' Reporting Rm.</p>	<p>0800 - 0900 Monthly Neuroradiology Rounds * second Tues. of ea. month, D.I. Conf. Rm. T0102</p> <p>1200 - 1300 General Radiology Rounds for Fellows, Residents, Elective Students &amp; Radiologists - 1<sup>st</sup>, 3<sup>rd</sup> &amp; 4<sup>th</sup> Tues. of ea. mo.</p> <p>1300 - 1400 Resident Hot Seat Rounds - Radiologists' Reporting Rm.</p>	<p>1200 - 1300 Radiology - Rheumatology Rounds, Vasculitis Rounds - 3<sup>rd</sup> Wed. of each mo., D.I. Conf. Rm. T0102</p> <p>1200 - 1300 Angio- Interventional Interesting Case Rds (see Residents' Board for date &amp; location)</p> <p>16:30 - Gen Surg/Radiology Colorectal Case Rds - 1<sup>st</sup> Wed of mo., DI Conf. Rm, T0102, Level 0, Juravinski Tower</p> <p>16:30 - Gen Surg/Radiology Morbidity &amp; Mortality Rds - 3<sup>rd</sup> Wed of mo., DI Conf. Rm, T0102, Level 0, Juravinski Tower</p>	<p>1200 - 1300 Breast - Pathology Rounds, Pathology Conf. Rm, Luke Wing</p> <p>1300 - 1400 Resident Hot Seat Rounds, Radiologists' Reporting Rm.</p>	<p>0730 - 0830 (2<sup>nd</sup> Friday of ea. month) - Radiology / Respirology Rounds, D.I. Conf. Rm. T0102</p> <p>1200 - 1300 Ultrasound Rounds, D.I. Conf. Rm. T0102</p> <p>1300 - 1400 Resident Hot Seat Rounds, Radiologists' Reporting Rm.</p>

# Residents Corner

## Resident Research & Teaching Retreat

New this year to the program – Resident Research & Teaching Retreat  
January 25th, 2012 for all PGY 1-5 residents. Save the date!  
Location: Paletta Mansion, Burlington.

*More details to follow*

## IMPORTANT DATES



### **American College of Radiology (ACR) and Diagnostic In-Training Exam (DXIT)**

**Exam Dates:** January 9th – January 17th, 2012

**Special notes:** Residents will be excused half a day on the date of their exam!

All sites have been provided with a list for their residents.

### **Canadian Resident Matching Service (CaRMS)**

**Dates:** Thursday February 2nd, 2012  
Friday, February 3rd, 2012

**Special Note:** Interviews will take place at the **Juravinski Hospital!**

## New Arrival



Congratulations to Dr. Dmitry Golev and his wife on the new arrival of their son Ivan Golev. Ivan was born on December 18th, and weighted 5 lbs 7 oz's. He arrived two weeks early surprising Mama and Dada.

He is very social and likes wearing stylish hats.

## 4th Annual Academic Get-Together

### Dept. of Radiology 4th Annual Academic Get-Together

Please join us for a gathering of Radiologists, Nuclear Medicine Physicians, Residents and Fellows, as we provide an update on the Academic progress within our department.

#### Monday, January 16th, 2012

6:00 to 8:00 pm

LoPresti's at Maxwell's

The Terrace Room

165 Jackson Street East Hamilton

R.S.V.P: Marilyn Scott @  
[scottmar@hhsc.ca](mailto:scottmar@hhsc.ca) or Ext. 74490, by  
Monday, January 9<sup>th</sup>, 2012.

#### McMaster "Academic Radiologist of the Year" Award

Nominations have been received!

Radiologists and nuclear medicine physicians were encouraged to nominate qualified candidates for this prestigious award. The Nomination Application deadline was **December 31st, 2011**.

The Award will be presented at the 4th Annual Academic Get-Together on January 16th, 2012.

### Come and celebrate the "Galette des Rois"



A galette (also known as a King cake) is a type of cake associated with the festival of Epiphany in the Christmas Season, in a number of countries. It is popular during this season in France, Belgium, Switzerland, Portugal, Spain, Catalonia, Greece, Cyprus and Bulgaria.

One notable type is the *Galette des Rois*, eaten on the day of Epiphany.

Tradition holds that the cake is "to draw the kings" to the Epiphany. A figurine, "la feve", which can represent anything from a car to a small character, is hidden in the cake and the person who finds the trinket in their slice becomes King for the day and will have to offer the next cake.



ontario breast  
screening program  
a cancer care ontario program

programme ontarien de dépistage  
du cancer du sein  
un programme de action cancer ontario



**St. Joseph's Healthcare, King Campus  
Women's Health Center/Ontario Breast Screening Program  
Goes Digital!**

Finally and with great anticipation the staff at the Women's Health Center look forward to receiving a new digital mammography unit. The King St. Campus is the second largest organized breast screening center in Hamilton. The volumes and patient needs continue to rise. We require faster high resolution technologies to enable us to service more clients, because without a diagnosis, there is no cure. The arrival and installation of the new unit is estimated to be in place the end of **February 2012**.

**Dr. Michael Patlas**



Dr. Patlas has consented to be a member of the Editorial Board for the **Journal of Radiology: Open Access**.

Some of the key functions Dr. Patlas will undertake as an editorial board member are screening submissions, assign peer-reviewers and guide manuscripts through the peer review process.

**In addition**, Dr. Patlas has agreed to participate as a Judge for The Canadian Association of Radiologists (CAR) and the Annual Scientific Meeting (ASM) Working Group. Dr. Patlas will attend the CAR 75th Annual Scientific Meeting being held at Le Centre Sheraton, Montreal Quebec from April 26 to April 29, 2012.



## Farewell to Trish Vansickle



Starting in January, Trish will be transferring to McMaster University and working as a Medical Secretary for Pediatric Neurology.

Trish sends a “big thank you” to Teresa Chondor, Rita DiTullio, Karen Finlay and all the Residents at MUMC for making her job enjoyable.

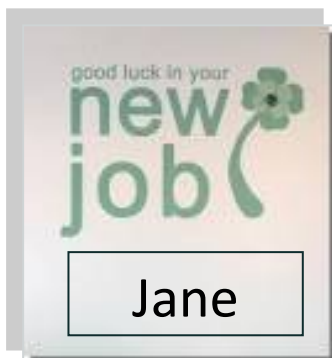
**The Good News** – Trish will still be based at MUMC!.



## Farewell to Jane Graham

Please join us in wishing **Jane Graham** good luck in her new position at the RJAP clinic. Jane will be transferring to the RJAP January 20th, 2012.

Jane has been with Diagnostic Imaging for over 10 years, has been a great asset to the MUMC department, and will be truly missed!



# The Back Page

## Benefits to Living a Healthy Lifestyle

A healthy lifestyle means understanding an array of factors that affect your overall wellness. Some of these factors we cannot control such as age and genetics.

## The Good News.....

**YOU DO** have control over many areas in your life.

**YOU** are responsible for your own health maintenance.

**YOU** have the choice and the power to sustain your health **through.....**

- Healthy eating
- Physical activity
- Maintaining a healthy weight
- Positive Attitude

<http://www.healthylifestylebenefits.com>

### Submissions To:

Marilynn Scott, Chedoke site,  
Patterson Building  
Room 311  
ext. 74490  
E-mail: [scottmar@hhsc.ca](mailto:scottmar@hhsc.ca)

